



## K Senior

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
411	Malin Auganæs Bergtun	Kvam Langrenn- og Skiskyttarklubb / Team	26:22.9	0:00.0	22:12	32	24:14	2:01	1:03	1:05			2:08	(0+1)
413	Hedda Thoresen Tretteteig Bolstad	Simostrand IL / Holmenkollen Biathlon	27:03.8	0:40.9	22:47	1:07	24:46	1:58	1:14	1:02			2:17	(0+1)
404	Synne Owren	Vingrom IL	27:15.3	0:52.4	22:49	1:09	24:45	1:55	1:13	1:16			2:30	(0+1)
418	Mari Torsteinsrud	Ål Skiskytterlag / Team Woodcon	27:37.0	1:14.1	21:50	10	24:49	2:59	1:29	1:17			2:47	(0+3)
408	Tuva Aas Stræte	Hønefoss Skiskytterklubb	27:59.4	1:36.5	22:11	31	25:12	3:00	1:41	1:05			2:47	(1+2)
417	Anne Bunemann De Besche	Try, Idrettslaget / Team Geilo	28:01.9	1:39.0	22:01	21	25:23	3:22	1:14	1:23			2:37	(1+3)
421	Une Christiane Tronerud Kvelvane	Voss Skiskytterlag / Holmenkollen Biathlon	28:14.2	1:51.3	22:54	1:14	25:27	2:32	1:09	1:36			2:46	(1+1)
416	Vilde Kverndal Veslegard	Ål Skiskytterlag / Team Fosen Yard	28:18.6	1:55.7	23:10	1:30	25:47	2:37	1:10	1:20			2:31	(0+2)
407	Benedicte Stien Schreiner	Skonseng UL / Team Midt-Norge	28:26.5	2:03.6	22:21	41	25:15	2:53	1:15	1:55			3:11	(0+3)
414	Maren Bakken	Os IL	28:42.1	2:19.2	23:08	1:28	26:14	3:06	58	1:28			2:27	(1+2)
406	Eline Grue	Kvikne IL / Holmenkollen Biathlon	28:44.7	2:21.8	22:01	21	26:02	4:00	1:16	1:25			2:42	(2+3)
403	Frida Dahl	Steinkjer SK / Team Fosen Yard	28:45.0	2:22.1	21:40		26:11	4:31	1:16	1:17			2:33	(2+4)
420	Anja Fischer	Trondhjems Skiskyttere / Team Midt-Norge	28:47.0	2:24.1	23:30	1:50	26:08	2:38	1:07	1:30			2:38	(0+2)
409	Oda Støen Kolkinn	Søndre Ål Sportsklubb / Team Kongsberg	28:55.5	2:32.6	22:50	1:10	26:30	3:39	1:13	1:11			2:24	(2+2)
405	Gunhild Viljugrein Stølen	Bærums Skiklub / Holmenkollen Biathlon	29:06.8	2:43.9	23:00	1:20	26:40	3:39	1:19	1:07			2:26	(2+2)
412	Kristine Hokseng Øien	Oppdal IL / Team Midt-Norge	29:44.6	3:21.7	23:32	1:52	27:17	3:44	1:10	1:16			2:27	(3+1)
415	Marthe Dehn	Bærums Skiklub / Team Midt-Norge	30:07.5	3:44.6	23:26	1:46	27:36	4:09	1:14	1:16			2:31	(1+4)
419	Andrea Gulaker Gjønnes	Oppdal IL / Team Woodcon	31:03.8	4:40.9	25:18	3:38	28:05	2:47	1:24	1:33			2:58	(1+1)
410	Ingrid Nordbotten	Sandnes og Gjesdal SSL / Holmenkollen B	33:09.3	6:46.4	25:06	3:26	30:44	5:38	1:10	1:13			2:24	(3+4)



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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
202	Martine Sofie Skog	Bjerkvik IF	21:45.0	0:00.0	17:02		19:18	2:15	1:16	1:09			2:26	(1+1)
228	Tuva Husby Grandetrø	Skaun IL / Trondheim Biathlon Team	21:51.8	0:06.8	17:39	37	19:00	1:20	1:29	1:21			2:51	(0+0)
231	Malin Skogstad	Leik, IL / NTG Lillehammer	22:26.2	0:41.2	18:39	1:37	20:12	1:32	1:10	1:03			2:13	(0+0)
210	Stella Lekhal Husnes	Try, Idrettslaget / Wang Toppidrett Oslo	22:54.6	1:09.6	18:37	1:35	20:36	1:58	1:09	1:09			2:18	(0+1)
229	Maia Løkken	Sokna IL / Trondheim Biathlon Team	22:59.9	1:14.9	18:02	1:00	20:41	2:38	1:10	1:07			2:18	(1+1)
200	Ingri Skjelbreid Gjelland	Hålandsdal IL / NTG Geilo	23:03.0	1:18.0	17:30	28	20:59	3:28	1:05	58			2:03	(4+0)
227	Marte Kristine Kollerød Høidalen	Oslo Skiskytterlag	23:24.3	1:39.3	17:35	33	21:03	3:27	1:07	1:13			2:21	(3+1)
235	Linea Skjellaug Gundersen	Geilo IL / NTG Geilo	23:28.4	1:43.4	17:36	33	21:02	3:25	1:22	1:03			2:25	(3+1)
218	Nora Flyvholm Berg	Bjerke IL Ski / Wang Toppidrett Romerike	23:32.9	1:47.9	17:54	52	20:56	3:01	1:14	1:22			2:36	(1+2)
203	Ingrid Knippen Kvernsmyr	Ivrig IL / NTG Geilo	23:32.9	1:47.9	18:35	1:32	21:08	2:32	1:17	1:07			2:24	(1+1)
208	Tuva Knutsen Bakkeland	Bærum Skiklub / NTG Geilo	23:43.5	1:58.5	18:31	1:28	21:33	3:02	1:04	1:04			2:09	(0+3)
230	Caroline Christine Barth	Try, Idrettslaget / Wang Toppidrett Oslo	23:44.7	1:59.7	17:10	7	21:14	4:03	1:17	1:12			2:30	(4+1)
199	Synne Kvittum Nytrøen	Tynset IF / Team Savalen	23:52.5	2:07.5	18:06	1:03	21:05	2:59	1:18	1:28			2:46	(2+1)
221	Mina Sveen Lund	Oslo Skiskytterlag / Wang Toppidrett Oslo	23:55.7	2:10.7	17:59	56	21:36	3:37	1:13	1:05			2:19	(3+1)
220	Ida Skolegården	Åsnes Skiskytterlag / NTG Lillehammer	23:55.7	2:10.7	18:00	57	21:30	3:29	1:14	1:10			2:25	(2+2)
213	Thelma Brathagen	Ivrig IL / NTG Geilo	24:06.4	2:21.4	18:32	1:29	21:32	3:00	1:12	1:20			2:33	(1+2)
232	Elin Sofie Vinje Kilvær	Tromsø Skiskytterlag	24:11.1	2:26.1	18:26	1:23	21:30	3:04	1:26	1:13			2:40	(2+1)
201	Stine Hårstad	Rennebu IL / NTG Lillehammer	24:18.2	2:33.2	17:26	23	21:59	4:32	1:15	1:03			2:18	(3+3)
222	Elin Græsli	Tydal il / Trondheim Biathlon Team	24:26.6	2:41.6	17:43	40	21:54	4:11	1:13	1:18			2:32	(1+4)
204	Astrid Marie Sandhaugen	Steinkjer SK / Team Innherred	24:33.4	2:48.4	18:29	1:26	21:57	3:27	1:11	1:24			2:36	(0+4)
226	Tuva Gundersen Leivestad	Fossum IF / NTG Geilo	24:38.5	2:53.5	18:17	1:15	21:45	3:27	1:26	1:25			2:52	(1+3)
224	Vår Ivardatter	Steinkjer SK / Team Innherred	24:43.6	2:58.6	19:22	2:19	21:57	2:34	1:26	1:19			2:46	(1+1)
223	Stella Heim	Tromsø Skiskytterlag / NTG-T	25:18.6	3:33.6	19:05	2:02	23:13	4:07	1:14	51			2:05	(4+1)
225	Agnes Sivertsen Rølvåg	Bossmo & Ytteren IL / Team Polarsirkelen	25:19.3	3:34.3	19:06	2:03	22:50	3:44	1:14	1:14			2:28	(0+4)



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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
214	Anne Birgit Dokken	Nordre Land IL / NTG Lillehammer	25:21.7	3:36.7	17:45	42	22:52	5:07	1:10	1:18			2:28	(2+5)
217	Ingeborg Rørvik	Førde IL / NTG Geilo	25:26.3	3:41.3	17:31	28	22:40	5:09	1:13	1:32			2:45	(3+4)
197	Oline Christin Eikemo	Sirdal Skilag / Sirdal Ski Skiskyting	25:32.0	3:47.0	19:10	2:07	22:53	3:43	1:30	1:08			2:38	(1+3)
212	Mina Kristine Bugge Opheim	Try, Idrettslaget / Wang Toppidrett Oslo	25:40.2	3:55.2	18:02	1:00	22:41	4:38	1:24	1:33			2:58	(3+3)
233	Martine Torkildsen	Try, Idrettslaget / Wang Toppidrett Oslo	26:02.8	4:17.8	17:45	43	23:15	5:29	1:20	1:27			2:47	(3+4)
206	Lisa Grubben	Sirdal Skilag / Sirdal Ski Skiskyting	26:06.5	4:21.5	19:52	2:49	23:15	3:22	1:38	1:13			2:51	(0+3)
234	Hanna Skjerve	Vinne Skilag / Team Meråker Skiskyting	26:28.2	4:43.2	20:01	2:58	23:31	3:29	1:42	1:14			2:57	(2+1)
205	Antonia Mia Samseth	Bærums Skiklub / Wang Toppidrett Oslo	26:30.1	4:45.1	18:58	1:55	24:16	5:17	1:07	1:06			2:14	(3+4)
198	Kristin Hopsnes	Fana IL / NTG Geilo	26:51.9	5:06.9	19:37	2:35	24:14	4:36	1:22	1:14			2:37	(3+2)
236	Hedda Omland	Nittedal Skiskytterlag	26:57.4	5:12.4	19:07	2:04	24:12	5:05	1:20	1:24			2:44	(4+2)
211	Mia Dunham	Fet SK / Wang Toppidrett Romerike	27:31.6	5:46.6	19:19	2:17	24:24	5:04	1:20	1:46			3:07	(4+2)
209	Malin Heggvold	Sokna IL / Trondheim Biathlon Team	27:46.5	6:01.5	19:58	2:56	24:47	4:48	1:20	1:39			2:59	(1+4)
207	Andrea Heimdal Aase	Vik IL / NTG Geilo	28:21.5	6:36.5	18:52	1:50	25:26	6:33	1:30	1:25			2:55	(4+4)
219	Sofia Bjønnes	Bærums Skiklub / NTG Geilo	28:22.6	6:37.6	20:11	3:08	25:32	5:20	1:33	1:17			2:50	(2+4)
215	Helena Bjærke Pindard	Birkenes IL / Sirdal Ski Skiskyting	28:43.2	6:58.2	22:02	5:00	25:56	3:53	1:25	1:21			2:47	(1+2)



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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
179	Eiril Høistad Nordbø	Fet SK / NTG Lillehammer	20:54.5	0:00.0	16:55	35	18:39	1:43	1:06	1:08			2:15	(0+1)
188	Guro Elizabeth Strindeberg	Drammen Strong / NTG Geilo	21:02.0	0:07.5	16:32	12	18:44	2:11	1:11	1:06			2:17	(1+1)
173	Julie Tronerud Kvelvane	Voss Skiskytterlag / NTG Geilo	21:33.1	0:38.6	16:20		19:30	3:09	1:07	55			2:02	(3+1)
182	Elise Weber Eriksen	Lommedalens IL / NTG Lillehammer	21:35.4	0:40.9	16:45	24	19:04	2:18	1:20	1:10			2:31	(0+2)
168	Marie Lund Flaa	Lørenskog SK / NTG Geilo	21:43.2	0:48.7	17:19	59	19:37	2:18	1:06	58			2:05	(0+2)
172	Sara Agnethe Granvang Tronrud	Nordre Land IL / NTG Lillehammer	21:45.7	0:51.2	16:55	35	19:44	2:49	58	1:01			2:00	(1+2)
167	Amalie Klevan Dybwad	Fossum IF / Dønski VGS	21:56.4	1:01.9	17:54	1:34	19:47	1:53	1:05	1:02			2:08	(1+0)
187	Ane Byvoll Grønlien	Vingrom IL / NTG Lillehammer	22:37.3	1:42.8	17:48	1:28	20:16	2:27	1:19	1:01			2:21	(1+1)
190	Mona Danielsen Holmer	Bjerkvik IF / Nordnorsk Skilinjje	22:41.6	1:47.1	17:15	54	20:32	3:17	1:06	1:02			2:08	(0+4)
174	Nora Ytterhus	Rennebu IL / NTG Lillehammer	22:56.3	2:01.8	16:46	26	20:33	3:46	1:10	1:12			2:23	(3+2)
169	Bjørge Marit Eide	Hålandsdal IL / NTG Geilo	22:56.9	2:02.4	17:30	1:09	20:49	3:19	1:06	1:00			2:07	(3+1)
183	Ida Bruce Fiskum	Snåsa Skiskytterlag	23:14.5	2:20.0	17:45	1:25	20:41	2:55	1:23	1:09			2:33	(2+1)
178	Thea Steine-Eriksen	Try, Idrettslaget / Wang Toppidrett Oslo	23:22.8	2:28.3	18:03	1:42	21:05	3:02	1:09	1:07			2:17	(0+3)
184	Maren Torvanger Brunvoll	Fossum IF / Wang Toppidrett Oslo	23:34.2	2:39.7	17:55	1:35	21:21	3:25	1:10	1:02			2:12	(3+1)
175	Guro Mikkelsen Stokke	Tynset IF / Team Savalen	24:04.6	3:10.1	18:42	2:22	21:51	3:09	1:13	59			2:13	(1+2)
170	Katrine Svarstad Heggdal	Markane IL / Stryn Videregående Skole	24:10.7	3:16.2	16:59	39	21:51	4:52	1:12	1:06			2:18	(3+4)
186	Berit Solem Reitan	Sokna IL / Trondheim Biathlon Team	24:22.2	3:27.7	18:35	2:15	21:42	3:06	1:16	1:23			2:39	(1+2)
191	Hanne Wekre	Trondhjems Skiskyttere / Trondheim Biathlc	24:26.3	3:31.8	17:56	1:36	22:05	4:08	1:15	1:04			2:20	(3+2)
171	Nora Therese Lundin	Fossum IF / Dønski VGS	24:43.0	3:48.5	18:23	2:03	22:15	3:52	1:21	1:05			2:27	(1+3)
180	Andrea Sørheim Almeland	Kvam Langrenn- og Skiskyttarklubb / Tearr	25:19.9	4:25.4	18:06	1:46	22:42	4:35	1:16	1:20			2:37	(2+4)
176	Lena Aas	Birkenes IL / Sirdal Ski Skiskyting	25:49.9	4:55.4	19:10	2:50	23:26	4:16	1:15	1:07			2:23	(1+4)
189	Sara-Sofie Africa Hegg	Vik IL / Stryn Videregående Skole	25:54.3	4:59.8	19:24	3:03	23:18	3:54	1:24	1:11			2:35	(3+1)
177	Linnea Fredrikke Andreassen Lundsett	Drangedal Idrettslag / Sirdal Ski Skiskyting	28:14.1	7:19.6	21:23	5:03	25:45	4:22	1:17	1:11			2:28	(3+1)
185	Mia Egaas	Kvinesdal Ski- og Skiskytterlag / Sirdal Ski	33:43.7	12:49.2	26:43	10:22	30:28	3:44	1:41	1:34			3:15	(1+1)



K19

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
139	Anna Mæhre Torjussen	Fossum IF / Wang Toppidrett Oslo	20:37.7	0:00.0	15:55		18:30	2:35	1:07	59			2:06	(0+3)
132	Silje Christine Berg-Knutzen	Fet SK / NTG Lillehammer	20:45.3	0:07.6	16:18	22	18:32	2:14	1:09	1:02			2:12	(0+2)
157	Kristine Sandstedt Ingebrigtsen	Skonseng UL / Team Polarsirkelen	20:55.4	0:17.7	17:04	1:08	18:52	1:48	1:04	57			2:02	(1+0)
136	Olivia Opheim	Ål Skiskytterlag / NTG Geilo	21:26.7	0:49.0	16:52	56	19:05	2:12	1:08	1:12			2:21	(0+2)
147	Nora Njølstad Randby	Ivrig IL	21:28.9	0:51.2	16:54	58	19:14	2:20	1:02	1:11			2:14	(0+2)
145	Synne Mackintosh Lund-Flaa	Lørenskog SK / NTG Geilo	21:48.1	1:10.4	18:04	2:08	19:23	1:19	1:07	1:17			2:24	(0+0)
155	Agathe Brathagen	Ivrig IL / NTG Geilo	21:48.2	1:10.5	16:17	22	19:38	3:20	1:05	1:04			2:10	(2+2)
131	Sunniva Thoresen Bolstad	Simostranda IL / NTG Geilo	22:02.8	1:25.1	17:22	1:26	19:42	2:20	1:10	1:09			2:20	(1+1)
152	Ida Weber Andersson	Fossum IF / Wang Toppidrett Oslo	22:12.5	1:34.8	17:56	2:01	19:57	2:00	1:05	1:09			2:15	(1+0)
142	Elida Fuglem	Valdal IL / Stryn Videregående Skole	22:25.2	1:47.5	17:07	1:11	19:55	2:47	1:13	1:16			2:29	(2+1)
158	Helene Sæter	Fet SK / Wang Toppidrett Romerike	22:25.9	1:48.2	17:24	1:29	19:54	2:29	1:18	1:12			2:31	(2+0)
154	Elina Østerbø	Markane IL / Stryn Videregående Skole	22:27.8	1:50.1	18:01	2:05	19:54	1:53	1:23	1:09			2:32	(1+0)
150	Kaja Vollstad	Tromsø Skiskytterlag	22:34.1	1:56.4	17:26	1:30	20:20	2:54	1:11	1:02			2:13	(2+1)
137	Elise Aasbø	IL Bevern / Team Kongsberg	22:58.3	2:20.6	18:19	2:24	20:45	2:26	1:06	1:05			2:12	(0+2)
130	Tuva Andersen	Meråker Skiskytterklubb / Team Meråker S	23:02.6	2:24.9	18:45	2:49	20:49	2:04	1:06	1:06			2:13	(0+1)
148	Ida Høsøien	Tynset IF / Team Savalen	23:04.3	2:26.6	18:28	2:32	21:08	2:40	1:00	54			1:55	(2+0)
151	Ine Lohne Boehlke	Fossum IF / Dønski VGS	23:14.8	2:37.1	17:36	1:41	21:04	3:27	1:06	1:03			2:10	(0+4)
141	Mari Sofi Meland	Markane IL / Stryn Videregående Skole	23:27.4	2:49.7	17:30	1:35	21:07	3:36	1:18	1:01			2:20	(3+1)
161	Lisa Sagen	Byåsen Skiskytterlag / Trondheim Biathlon	23:31.9	2:54.2	18:13	2:17	21:15	3:01	1:11	1:05			2:16	(2+1)
135	Tuva Bøch Høyer	Fossum IF / Dønski VGS	23:36.5	2:58.8	17:37	1:42	21:24	3:47	1:16	55			2:11	(2+1)
133	Anniken Dogger Kringler	Lørenskog SK / Wang Toppidrett Romerike	23:44.2	3:06.5	19:17	3:21	21:25	2:08	1:10	1:08			2:18	(0+1)
140	Ida Madeleine Fuglset	Nittedal Skiskytterlag / Wang Toppidrett Ro	23:46.8	3:09.1	17:13	1:17	21:19	4:06	1:10	1:17			2:27	(3+2)
160	Eirin Mansaas Sletten	Fet SK / Wang Toppidrett Romerike	24:15.1	3:37.4	18:27	2:31	22:04	3:36	1:03	1:07			2:11	(2+2)
149	Inga Overland	Snåsa Skiskytterlag / Team Innherred	24:41.8	4:04.1	19:21	3:26	22:06	2:44	1:17	1:18			2:35	(1+1)



## K19

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
153	Mie Amstel Boretti	Oslo Skiskytterlag / NTG Lillehammer	24:46.6	4:08.9	18:12	2:16	22:24	4:11	1:12	1:09			2:22	(2+3)
129	Anniken Bergh	Try, Idrettslaget / Wang Toppidrett Romerik	24:59.9	4:22.2	19:09	3:13	22:27	3:18	1:17	1:14			2:31	(0+3)
134	Oddrun Hjelmeset Kirkeeide	Markane IL / Stryn Videregående Skole	25:01.1	4:23.4	19:25	3:30	22:43	3:17	1:16	1:01			2:17	(2+1)
138	Eirin Tangen	Tynset IF / Team Savalen	26:22.3	5:44.6	19:17	3:22	24:04	4:46	1:14	1:03			2:17	(4+2)
159	Eline Noraberg	Seljord Idrettslag / Sirdal Ski Skiskyting	26:28.4	5:50.7	19:23	3:27	23:41	4:18	1:24	1:22			2:46	(3+1)
146	Frøya Haughovd	Stårheim IL / Stryn Videregående Skole	27:25.4	6:47.7	21:03	5:08	25:07	4:03	1:13	1:04			2:18	(2+2)
128	Celine Hjorthøy	Asker SK	28:21.9	7:44.2	20:02	4:06	25:35	5:33	1:31	1:15			2:46	(4+2)
156	Guri Feten	Ål Skiskytterlag / Nordnorsk Skilinj	31:12.8	10:35.1	23:16	7:21	28:38	5:21	1:20	1:13			2:34	(2+3)
144	Maria Tormodsgard Dokken	Svene IL / NTG Geilo	32:43.9	12:06.2	18:10	2:15	21:15	3:04	10:18	1:09			11:28	(0+3)



## K20-22

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
462	Ragna Fodstad	Østre Toten Skilag	26:16.0	0:00.0	22:38	36	23:59	1:20	1:15	1:01			2:16	(0+0)
463	Ann Kristin Aaland	Hardbagg IL / Team 1,5	27:13.4	0:57.4	22:42	40	24:42	1:59	1:19	1:11			2:31	(0+1)
444	Maja Friis Rud	Fossum IF / Team Fossum Elite	27:36.1	1:20.1	22:34	32	24:29	1:55	1:43	1:22			3:06	(0+1)
445	Guro Femsteinevik	Hålandsdal IL / Team Gla'Laks Biathlon	27:43.4	1:27.4	22:18	16	25:18	2:59	1:23	1:02			2:25	(3+0)
460	Maren Sofie Brännare-Gran	Bærums Skiklub	27:44.1	1:28.1	22:02		24:51	2:49	1:17	1:34			2:52	(1+2)
456	Siri Galtung Skar	Try, Idrettslaget / Holmenkollen Biathlon	28:16.9	2:00.9	23:44	1:42	25:49	2:04	1:21	1:06			2:27	(1+0)
439	Gro Torsteinsrud	Ål Skiskytterlag / Team Kongsberg	28:35.3	2:19.3	22:55	53	26:30	3:35	1:02	1:02			2:05	(1+3)
461	Gunn Kristi Stensaker Tvinneheim	Hardbagg IL / Team Woodcon	28:38.2	2:22.2	23:30	1:28	26:07	2:37	1:06	1:24			2:30	(1+1)
454	Martine Sagen	Byåsen Skiskytterlag / Team Midt-Norge	28:38.6	2:22.6	24:02	2:00	26:00	1:57	1:30	1:07			2:37	(1+0)
459	Eline Mathea Myren	Valldal IL / Team 1,5	28:43.5	2:27.5	23:24	1:22	26:35	3:11	1:05	1:02			2:08	(1+2)
446	Guro Ytterhus	Rennebu IL / Team 1,5	29:01.4	2:45.4	22:15	13	26:29	4:14	1:17	1:14			2:31	(2+3)
437	Eivor Melbybråten	Øystre Slidre IL	29:06.7	2:50.7	22:42	40	26:44	4:01	1:16	1:06			2:22	(3+2)
451	Kristiane Almeland Rolstad	Oslo Skiskytterlag	29:17.1	3:01.1	22:42	40	26:21	3:39	1:23	1:32			2:55	(2+2)
457	Nora Flotten Volden	Oppdal IL / Team Kongsberg	29:24.4	3:08.4	23:32	1:30	26:11	2:38	1:56	1:16			3:13	(1+1)
442	Linnea Winsvold	Lier IL / Team Fossum Elite	30:08.0	3:52.0	23:24	1:22	27:12	3:48	1:13	1:41			2:55	(2+2)
453	Emilie Schärer	Kvikne IL / Team Savalen	30:08.5	3:52.5	25:51	3:49	27:22	1:31	1:30	1:14			2:45	(0+0)
438	Tuva Jorde	Geilo IL / Holmenkollen Biathlon	30:08.9	3:52.9	24:18	2:16	27:28	3:09	1:19	1:20			2:40	(1+2)
447	Elise Lien Seland	Fossum IF / Holmenkollen Biathlon	30:15.4	3:59.4	24:58	2:56	27:46	2:48	1:16	1:11			2:28	(0+2)
448	Torild Eggan	Rennebu IL / Team 1,5	30:25.8	4:09.8	25:04	3:02	27:48	2:43	1:19	1:17			2:37	(1+1)
455	Amanda Kvernmo Lynum	Orkdal IL / Team Midt-Norge	30:28.2	4:12.2	23:17	1:15	26:51	3:33	1:36	2:00			3:36	(3+1)
465	Mia Jenny Nygaard Østreng	Gjerdrum IL / Team 1,5	30:36.1	4:20.1	23:23	1:21	27:40	4:16	1:17	1:38			2:55	(2+3)
452	Marit Heinemann	Tynset IF / Team Woodcon	30:36.3	4:20.3	24:19	2:17	26:59	2:40	1:54	1:42			3:37	(0+2)
429	Mari Haugenes Elvestad	Bø Skiskytterlag / Team Woodcon	30:40.0	4:24.0	23:52	1:50	27:09	3:16	1:33	1:57			3:30	(1+2)
432	Maria Bolin Krane	Bossmo & Ytteren IL / Team Polarsirkelen	30:50.1	4:34.1	23:48	1:46	27:36	3:47	1:32	1:41			3:13	(2+2)



## K20-22

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
464	Hannecke Lergaard Røtter	Lier IL / Holmenkollen Biathlon	30:50.8	4:34.8	24:57	2:54	28:20	3:23	1:18	1:11			2:29	(2+1)
428	Signe Aaberg Skar	Bærums Skiklub / Team Kongsberg	30:55.1	4:39.1	25:13	3:11	28:02	2:48	1:28	1:23			2:52	(1+1)
458	Vilde Slaatto	Geilo IL / Team Geilo	30:59.3	4:43.3	24:41	2:39	27:53	3:12	1:28	1:37			3:05	(1+2)
449	Eva Liheim Alfstad	Fossum IF / Team Fossum Elite	30:59.4	4:43.4	22:36	34	27:52	5:16	1:19	1:47			3:06	(3+4)
434	Oda Rafen	Fossum IF / Team Fossum Elite	31:02.0	4:46.0	25:25	3:23	27:35	2:10	1:34	1:52			3:26	(1+0)
450	Kristi Skjelbreid Gjelland	Hålandsdal IL / Team Gla'Laks Biathlon	31:51.5	5:35.5	24:58	2:56	29:13	4:14	1:14	1:24			2:38	(1+3)
430	Emma Tørhaug Brevad	Kvikne IL / Team Midt-Norge	32:07.4	5:51.4	24:36	2:34	28:51	4:14	1:43	1:32			3:16	(2+3)
431	Martine Bergan Berghagen	Simostranda IL / Team Meråker Skiskyting	32:49.2	6:33.2	25:57	3:55	29:22	3:25	1:48	1:37			3:26	(2+1)
443	Margaret Lexie Madigan	Vingrom IL / Team 1,5	33:30.5	7:14.5	24:29	2:27	30:14	5:45	1:20	1:55			3:16	(4+3)
435	Kristine Vedal	Snåsa Skiskytterlag / Team Innherred	33:35.9	7:19.9	26:49	4:47	30:32	3:43	1:54	1:08			3:02	(2+1)
427	Lisa Bjønnes	Oslo Skiskytterlag / Team Woodcon	33:56.3	7:40.3	25:41	3:39	30:24	4:43	2:16	1:15			3:31	(4+1)
440	Astrid Pettersen	Tromsø Skiskytterlag	34:18.7	8:02.7	27:25	5:23	31:17	3:52	1:23	1:38			3:01	(2+1)
433	Marita Steffensen	Båtsfjord Sportsklubb	35:52.9	9:36.9	25:56	3:54	30:00	4:03	4:04	1:48			5:52	(4+0)
436	Nora Sofie Breivik	Tromsø Skiskytterlag	39:08.3	12:52.3	31:16	9:14	34:52	3:36	2:02	2:13			4:16	(0+2)





## M Senior

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
310	Einar Hedegart	Inderøy IL	30:06.7	0:00.0	26:06		28:00	1:54	1:07	57			2:05	(1+1)
309	Simon Hjelmeset Kirkeeide	Markane IL / Team Hugaas	30:54.2	0:47.5	26:07		28:50	2:42	1:10	53			2:03	(2+2)
325	Håvard Kne Galåen	Røros IL / Holmenkollen Biathlon	32:03.3	1:56.6	27:04	58	29:09	2:05	1:22	1:31			2:53	(0+2)
324	Fredrik Bucher-Johannessen	Try, Idrettslaget / Holmenkollen Biathlon	32:09.6	2:02.9	27:36	1:30	29:19	1:42	1:14	1:35			2:50	(0+1)
319	Endre Blikra	Trondhjems Skiskyttere / Team Midt-Norge	32:31.2	2:24.5	27:26	1:20	30:25	2:58	1:03	1:02			2:06	(1+3)
326	Martin Femsteinevik	Hålandsdal IL / Holmenkollen Biathlon	32:31.8	2:25.1	27:23	1:16	30:21	2:57	59	1:11			2:10	(1+3)
317	Alexander Os	Tromsø Skiskytterlag	32:45.1	2:38.4	27:40	1:33	30:39	2:58	1:00	1:04			2:05	(0+4)
311	Hogne Findal Skar	Sannidal Idrettslag / Team Hugaas	33:15.5	3:08.8	27:32	1:26	30:58	3:25	1:16	1:00			2:17	(3+1)
320	Espen Uldal	Birkenes IL / Team Fosen Yard	33:28.9	3:22.2	28:08	2:02	31:10	3:01	1:05	1:13			2:18	(1+3)
315	Herman Dramdal Borge	Svene IL / Team 1,5	33:31.2	3:24.5	27:56	1:50	31:23	3:26	1:05	1:02			2:07	(1+4)
321	Martin Øyen Tøraasen	Folldal IF / Team Hugaas	33:39.6	3:32.9	27:20	1:13	30:21	3:01	1:59	1:18			3:18	(1+3)
306	Eirik Silsand Gerhardsen	Tromsø Skiskytterlag / Team Fosen Yard	33:56.2	3:49.5	29:03	2:56	31:54	2:51	1:05	56			2:01	(1+2)
313	Erlend Hauan	Tromsø Skiskytterlag / Team Midt-Norge	34:06.7	4:00.0	27:54	1:47	31:26	3:32	1:16	1:23			2:39	(1+4)
314	Øistein Fagerli Næss	Gjerdrum IL / Team Midt-Norge	34:17.6	4:10.9	30:44	4:38	31:56	1:11	1:15	1:05			2:20	(0+0)
328	Sondre Østraat Mortensen	Fossum IF / Team Fossum Elite	34:53.9	4:47.2	30:07	4:01	32:23	2:15	1:21	1:08			2:30	(1+1)
307	Bendik Winsvold	Lier IL / Team Geilo	35:00.5	4:53.8	28:49	2:42	32:26	3:37	1:20	1:13			2:34	(2+3)
318	Morten André Skånøy Søraas	Skauga IL / Team Midt-Norge	35:12.2	5:05.5	29:00	2:53	32:20	3:19	1:18	1:33			2:51	(2+2)
316	Odin Garli	Sokna IL / Team Hugaas	35:37.9	5:31.2	29:35	3:28	33:21	3:46	1:06	1:09			2:15	(2+3)
329	Aksel Emil Aasbø	Try, Idrettslaget / Holmenkollen Biathlon	36:05.1	5:58.4	30:06	3:59	33:55	3:49	1:04	1:05			2:09	(2+3)
322	Mathias Skrede	Geilo IL / Team Geilo	36:11.8	6:05.1	28:50	2:43	33:12	4:22	1:56	1:03			2:59	(4+2)
308	Brian Hofstad	Skatval Skilag / Team Midt-Norge	36:23.0	6:16.3	30:40	4:33	33:23	2:42	1:52	1:06			2:59	(2+1)
323	Aksel Mathias Meland	Markane IL / Team Kongsberg	36:24.6	6:17.9	30:07	4:00	33:35	3:27	1:15	1:34			2:49	(0+4)
327	Morten Tørnblad Sameien	Fet SK / Team 1,5	36:45.6	6:38.9	30:19	4:12	33:50	3:30	1:05	1:49			2:55	(1+3)



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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
98	Magnus Wassbakk	Tromsø Skiskytterlag / NTG-T	22:36.8	0:00.0	18:30	1	20:24	1:53	1:12	1:00			2:12	(0+2)
114	Emil Skjellberg	Tromsø Skiskytterlag / NTG-T	22:52.4	0:15.6	18:29		20:51	2:22	1:02	58			2:01	(0+3)
107	Magnus Bratbakken	Steinkjer SK / NTG Lillehammer	23:24.4	0:47.6	19:36	1:07	21:15	1:39	1:08	59			2:08	(1+0)
123	Sondre Leknes Frey	Bærums Skiklub / Dønski VGS	24:11.1	1:34.3	19:07	38	22:05	2:57	1:08	56			2:05	(2+2)
121	Bjørn-Anders Eriksen	Målselvs Skiskyttere	24:25.4	1:48.6	18:56	27	22:19	3:22	1:09	56			2:05	(1+4)
104	Thorben Grytnes Thornquist	Ivrig IL / Sirdal Ski Skiskyting	24:30.7	1:53.9	19:42	1:13	22:17	2:35	1:08	1:04			2:13	(2+1)
96	August Kirkeby Husebø	Oslo Skiskytterlag / NTG Lillehammer	24:30.9	1:54.1	20:33	2:03	22:20	1:47	1:06	1:04			2:10	(0+1)
100	Aleksander Syrstad	Trondhjems Skiskyttere / Trondheim Biathlc	25:23.9	2:47.1	20:34	2:05	23:15	2:41	1:08	59			2:08	(2+1)
116	Oscar Joberg Horn	Ivrig IL / Team TeVe	25:24.6	2:47.8	21:21	2:52	23:09	1:47	1:14	1:00			2:15	(1+0)
119	Heine Hoston Stiklestad	Orkdal IL / Trondheim Biathlon Team	25:26.3	2:49.5	20:38	2:09	23:23	2:44	1:11	51			2:03	(2+1)
111	Caspar Stai	Kvikne IL / Team Savalen	25:31.8	2:55.0	20:38	2:08	23:05	2:27	1:14	1:11			2:26	(1+1)
124	Heine Fuglem	Valdal IL / Stryn Videregående Skole	25:33.9	2:57.1	19:49	1:19	23:18	3:29	1:13	1:01			2:15	(3+2)
113	Magnus Ytre-Hauge Ivesdal	Stårheim IL / Stryn Videregående Skole	25:37.9	3:01.1	21:03	2:34	23:21	2:18	1:11	1:05			2:16	(1+1)
117	Olve Rønning	Kvikne IL / Team Savalen	25:50.5	3:13.7	20:57	2:28	23:42	2:45	1:09	58			2:07	(1+2)
103	Ole Einar Nøkleby Brendryen	Folldal IF / Team Savalen	25:51.6	3:14.8	20:13	1:44	23:23	3:10	1:13	1:14			2:27	(0+4)
109	Simen Kindlistuen	Tretten Skiskytterlag / Stryn Videregående	26:01.4	3:24.6	19:46	1:17	23:25	3:38	1:25	1:10			2:36	(2+3)
102	Kristian Fredrik Fleischer	Skatval Skilag / Team Meråker Skiskyting	26:24.9	3:48.1	19:56	1:27	23:53	3:56	1:24	1:06			2:31	(1+4)
112	Tobias Haugeplass Aanesen	Birkenes IL / Sirdal Ski Skiskyting	26:30.9	3:54.1	20:06	1:37	24:12	4:05	1:15	1:02			2:18	(2+4)
120	Martin Vatland Stakkeland	Kvinesdal Ski- og Skiskytterlag / Sirdal Ski	26:35.8	3:59.0	21:22	2:52	24:20	2:58	1:16	58			2:15	(3+0)
106	Christian Prytz Mjølstad	Trondhjems Skiskyttere / Trondheim Biathlc	26:43.4	4:06.6	20:37	2:08	24:21	3:43	1:15	1:06			2:21	(3+2)
110	Ole Jonas Storsveen Bekkevold	Vingrom IL / Team Meråker Skiskyting	27:10.9	4:34.1	21:10	2:41	24:57	3:46	1:10	1:02			2:13	(3+2)
101	Thomas Torkildsen	Birkenes IL / Sirdal Ski Skiskyting	27:25.6	4:48.8	22:00	3:31	25:04	3:04	1:16	1:04			2:21	(1+2)
99	Ulrik Hekneby	Fossum IF / Wang Toppidrett Oslo	27:35.3	4:58.5	20:33	2:04	25:18	4:44	1:12	1:05			2:17	(3+4)
97	Jørgen Furuseth	Nordre Land IL / Team Karidalen Skiskyting	27:53.1	5:16.3	21:57	3:28	25:18	3:20	1:21	1:13			2:35	(3+1)

EQTIMING	PUBLISHED TIME	SIGN	STATUS	PRINT TIME 18.04.2024 09.43.28	PAGE 10

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
95	Andreas Børstad Palmelind	Meråker Skiskytterklubb / Team Meråker S	28:12.8	5:36.0	21:46	3:16	25:44	3:58	1:15	1:13			2:28	(1+4)
105	Henrik Furunes	Frol IL / Team Meråker Skiskyting	28:48.8	6:12.0	20:57	2:28	26:22	5:24	1:20	1:06			2:26	(4+3)
118	Johan Smeland	Birkenes IL / Sirdal Ski Skiskyting	29:21.3	6:44.5	22:19	3:50	26:49	4:29	1:18	1:13			2:31	(3+3)
115	Oliver Sandbæk-Skjørten	Try, Idrettslaget / Wang Toppidrett Romerik	30:33.4	7:56.6	22:47	4:18	28:07	5:19	1:19	1:06			2:26	(3+4)
122	Sebastian Norman	Tromsø Skiskytterlag	33:59.2	11:22.4	25:06	6:37	31:29	6:22	1:21	1:08			2:29	(4+4)



M18

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
71	Tov Røysland	Tinn Skiskytterlag / NTG Geilo	21:45.4	0:00.0	18:19	16	19:46	1:26	1:04	54			1:58	(0+1)
61	Thomas Mccarthy	Asker SK / NTG Lillehammer	21:59.0	0:13.6	18:35	31	20:02	1:27	58	58			1:56	(0+1)
55	Simen Hansæl-Nergaard	Kvikne IL / Team Savalen	22:13.3	0:27.9	18:21	17	20:02	1:41	1:06	1:04			2:10	(1+0)
64	Marius Nygård Fidjeland	Sirdal Skilag / Sirdal Ski Skiskyting	22:28.7	0:43.3	18:53	49	20:28	1:35	1:06	53			1:59	(0+1)
73	Benjamin Vinda	Lier IL / NTG Geilo	22:43.3	0:57.9	18:41	38	20:45	2:03	1:02	55			1:57	(1+1)
67	Sigurd Lysberg Lehn	Try, Idrettslaget / Wang Toppidrett Oslo	23:00.3	1:14.9	18:03		20:23	2:19	1:14	1:22			2:36	(1+2)
82	Storm Kristoffer Veitsle	Nittedal Skiskytterlag / Wang Toppidrett Ro	23:01.7	1:16.3	18:53	49	20:49	1:55	1:09	1:02			2:12	(1+1)
87	Leander Aunvik	Trondhjems Skiskyttere / Trondheim Biathlc	23:05.1	1:19.7	19:05	1:02	21:09	2:03	1:02	53			1:55	(0+2)
80	Sindre Jøranli	Nordre Land IL / NTG Lillehammer	23:13.5	1:28.1	19:27	1:23	21:01	1:34	1:06	1:05			2:11	(1+0)
60	Linus Stilson Arstad	Trondhjems Skiskyttere / Trondheim Biathlc	23:15.7	1:30.3	19:31	1:27	21:07	1:36	1:08	59			2:08	(1+0)
59	Andreas Aasen Haug	Bø Skiskytterlag / NTG Geilo	23:19.6	1:34.2	18:25	21	21:22	2:57	56	1:00			1:56	(0+4)
84	Andreas Aarseth	Hålandsdal IL / Team Gla'Laks Biathlon	23:22.8	1:37.4	19:33	1:29	21:10	1:37	1:08	1:03			2:12	(0+1)
53	Johan Skodvin	Try, Idrettslaget / Wang Toppidrett Oslo	23:38.5	1:53.1	19:12	1:08	21:25	2:13	1:07	1:06			2:13	(1+1)
76	Simon Gunnar Hernes	Fossum IF / Wang Toppidrett Oslo	23:46.3	2:00.9	19:01	57	21:35	2:34	1:04	1:06			2:11	(1+2)
69	Sivert Jøsang	Sandnes og Gjesdal SSL / Sirdal Ski Skisk	23:49.9	2:04.5	19:53	1:49	21:36	1:42	1:07	1:06			2:13	(0+1)
75	Thomas Skikstein	Simostranda IL / Team Skiguard Buskerud	24:03.1	2:17.7	18:43	39	21:48	3:05	1:06	1:08			2:14	(2+2)
63	Philip Lindkvist-Fløtten	Trondhjems Skiskyttere / Trondheim Biathlc	24:05.6	2:20.2	18:56	52	22:01	3:04	1:04	59			2:04	(1+3)
81	Ole Øyvind Gebhardt	Lier IL / NTG Lillehammer	24:12.7	2:27.3	18:45	41	22:18	3:33	56	57			1:54	(4+1)
90	Olav Bøylestad-Landa	Froland IL / Sirdal Ski Skiskyting	24:13.1	2:27.7	19:24	1:20	22:03	2:38	1:10	59			2:09	(2+1)
54	Inuk Sander Slettemark	Geilo IL / NTG Geilo	24:17.6	2:32.2	20:09	2:05	22:15	2:06	1:02	59			2:01	(0+2)
85	Ola Johnsrud	Søndre Åi Sportsklubb / NTG Lillehammer	24:44.6	2:59.2	19:24	1:21	22:30	3:05	1:08	1:05			2:14	(2+2)
77	Syver Lorås	Skatval Skilag / Team Meråker Skiskyting	24:56.2	3:10.8	20:04	2:00	22:54	2:49	1:05	57			2:02	(1+2)
86	Nikolai Carlos Ricardo Kroken	Bardu Idrettslag	24:58.3	3:12.9	19:10	1:07	22:44	3:33	1:08	1:05			2:13	(1+4)
68	Øystein Selstad Berg	Asker SK / Dønski VGS	25:13.2	3:27.8	19:16	1:13	23:07	3:50	1:03	1:01			2:05	(2+4)



M18

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
58	Magnus Hørthe Lollik-Andersen	Lier IL / NTG Geilo	25:15.0	3:29.6	20:02	1:58	23:09	3:07	1:10	55			2:05	(3+1)
88	Tobias Vogt Vold	Fossum IF	25:21.9	3:36.5	20:16	2:12	23:07	2:51	1:10	1:03			2:14	(0+3)
89	Jon Bjarte Rinde	Vik IL / NTG Geilo	25:30.3	3:44.9	19:54	1:50	23:25	3:31	1:08	56			2:04	(1+4)
57	Isak Solli Søllesvik	Hålandsdal IL / Team Gla'Laks Biathlon	25:31.0	3:45.6	20:27	2:23	23:15	2:47	1:08	1:06			2:15	(1+2)
70	Elias Haugstad	Figgjo IL / Sirdal Ski Skiskyting	25:35.1	3:49.7	20:22	2:18	23:34	3:12	1:02	57			2:00	(1+3)
79	Sindre Kåsene	Fet SK / Wang Toppidrett Romerike	25:49.0	4:03.6	20:07	2:03	23:37	3:30	1:07	1:04			2:11	(2+3)
83	Magnus Moe Hagen	Østre Toten Skilag / Team Karidalen Skisky	26:05.2	4:19.8	19:19	1:15	23:47	4:28	1:09	1:07			2:17	(3+4)
74	Erik Sjømo	Trondhjems Skiskyttere / Trondheim Biathlc	26:19.2	4:33.8	20:55	2:51	24:11	3:16	1:05	1:01			2:07	(3+1)
62	Kristian Sørbotten	Vingrom IL / NTG Lillehammer	26:33.9	4:48.5	19:33	1:29	24:10	4:36	1:12	1:11			2:23	(5+2)
72	Sturla Oma Engevik	Drammen Strong / NTG Geilo	26:35.5	4:50.1	20:56	2:52	24:43	3:47	58	53			1:51	(2+3)
65	Magnus Dregelid Aarlie	Try, Idrettslaget / Wang Toppidrett Oslo	27:53.7	6:08.3	21:04	3:00	25:39	4:35	1:12	1:01			2:13	(5+1)
66	Daniel Loga Gjerde	Froland IL / NTG Lillehammer	27:59.2	6:13.8	22:52	4:48	25:51	2:59	1:11	56			2:07	(2+2)
56	August Foshaug	Målselvs Skiskyttere / Team Meråker Skisk	29:44.3	7:58.9	24:11	6:07	27:23	3:11	1:22	58			2:20	(1+2)



M19

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
35	Andreas Præsterud	Simostranda IL / Team Skiguard Buskerud	21:17.3	0:00.0	18:07		19:12	1:04	1:03	1:01			2:05	(0+0)
33	Tobias Gigstad-Bergene	Skrautvål IL / NTG Geilo	21:53.1	0:35.8	18:19	11	19:55	1:36	1:05	51			1:57	(0+1)
30	Elias Helset	Sunnylven IL / Stryn Videregående Skole	21:56.3	0:39.0	18:18	10	19:50	1:31	1:10	55			2:06	(0+1)
18	Isak Skogrand	Oppdal IL / NTG Lillehammer	21:57.5	0:40.2	18:10	2	20:07	1:57	54	55			1:50	(1+1)
43	Lars Horten Jordet	Vingelen IL / Team Savalen	22:05.8	0:48.5	18:19	12	20:18	1:59	57	49			1:46	(1+1)
37	Jacob Jæger Barth	Try, Idrettslaget / Wang Toppidrett Oslo	22:07.6	0:50.3	18:09	1	20:10	2:00	1:02	55			1:57	(2+0)
38	Sindre Andreas Søby	Ivrig IL / Team TeVe	22:14.8	0:57.5	18:20	12	20:05	1:45	1:08	1:00			2:09	(0+1)
25	Jens Borgar Aarhaug	Sokna IL / NTG Lillehammer	22:35.4	1:18.1	18:19	11	20:46	2:27	55	52			1:48	(1+2)
13	Oskar Dalene	Birkenes IL / Sirdal Ski Skiskyting	22:37.7	1:20.4	19:01	53	20:37	1:36	1:04	55			1:59	(0+1)
26	Trym Fagerheim	Gjerdrum IL / Wang Toppidrett Romerike	22:51.1	1:33.8	18:45	37	20:50	2:05	59	1:00			2:00	(0+2)
19	Oliver Alm	Østre Toten Skilag / NTG Lillehammer	23:06.8	1:49.5	18:14	6	21:11	2:57	1:00	54			1:55	(2+2)
21	Fredrik Nystrand	Mjøsski / Team Savalen	23:14.0	1:56.7	19:11	1:03	21:13	2:02	1:06	54			2:00	(1+1)
6	Peter Nystu	Nordreisa Idrettslag / Nordnorsk Skilinjé	23:19.0	2:01.7	18:20	12	21:04	2:44	1:09	1:04			2:14	(1+3)
16	Oscar Magnus Samseth	Bærums Skiklub / Dønski VGS	23:22.1	2:04.8	19:40	1:32	21:18	1:37	1:07	56			2:03	(1+0)
28	Tobias Bjørken	Vinne Skilag / Team Meråker Skiskyting	23:27.6	2:10.3	18:31	23	21:18	2:47	1:07	1:01			2:08	(1+3)
17	Jon Sebastian Olsen	Lier IL / NTG Geilo	23:35.2	2:17.9	19:25	1:17	21:33	2:07	1:02	59			2:02	(1+1)
39	Martin Jørstad Ringli	Øystre Slidre IL / NTG Geilo	23:44.0	2:26.7	18:33	25	21:55	3:22	58	49			1:48	(2+3)
22	William Brekken Ramsfjell	Vingrom IL / NTG Lillehammer	23:45.9	2:28.6	19:45	1:37	21:56	2:11	58	50			1:49	(2+0)
12	Nils Henrik Smeland	Birkenes IL / Sirdal Ski Skiskyting	23:49.9	2:32.6	19:28	1:20	21:34	2:06	1:10	1:04			2:15	(1+1)
8	Magnar Ryttervoll	Røros IL / Team Savalen	23:54.1	2:36.8	19:28	1:20	22:04	2:36	55	53			1:49	(2+1)
9	Sander Gravelseter Søreng	Fana IL / Team Gla'Laks Biathlon	23:55.6	2:38.3	18:45	37	21:43	2:57	1:10	1:01			2:12	(1+3)
42	Magnus Steien Løseth	Orkdal IL / Trondheim Biathlon Team	23:59.8	2:42.5	18:40	32	21:57	3:17	1:06	55			2:02	(2+3)
29	Eirik Stensaker Tvinneim	Hardbagg IL / Stryn Videregående Skole	24:02.4	2:45.1	18:48	40	22:11	3:22	1:03	47			1:50	(2+3)
11	Mathias Bugge Danielsen	Tinn Skiskytterlag / NTG Geilo	24:04.0	2:46.7	20:11	2:03	22:24	2:13	51	47			1:39	(1+1)



M19

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
10	Sondre Sangvik Nilsen	Øvrebø IL / Sirdal Ski Skiskyting	24:20.1	3:02.8	19:19	1:11	22:16	2:56	1:05	58			2:03	(1+3)
32	Alexander Hall Westby	Try, Idrettslaget / Wang Toppidrett Oslo	24:28.6	3:11.3	19:47	1:39	22:28	2:41	1:05	55			2:00	(1+2)
15	Olav Hallingstad	Bærums Skiklub / Wang Toppidrett Oslo	24:32.4	3:15.1	19:33	1:25	22:40	3:06	55	56			1:51	(2+2)
40	August Hallingstad	Bærums Skiklub / Wang Toppidrett Oslo	24:40.3	3:23.0	20:45	2:37	22:34	1:48	1:03	1:02			2:06	(1+0)
31	Markus Aspevik Hannestad	Nittedal Skiskytterlag / Wang Toppidrett Ro	24:45.0	3:27.7	19:20	1:12	22:24	3:03	1:09	1:10			2:20	(1+3)
34	Erik Espeli	Geilo IL / NTG Geilo	24:55.8	3:38.5	20:13	2:05	22:48	2:35	1:03	1:02			2:06	(1+2)
14	Tobias Kerlefsen Håverstad	Birkenes IL / Sirdal Ski Skiskyting	24:57.0	3:39.7	19:36	1:28	22:43	3:06	1:11	1:01			2:13	(1+3)
24	Sveinung Henrik Eriksen Sandvik	Trondhjems Skiskyttere / Team Meråker Sk	25:01.7	3:44.4	18:59	51	23:12	4:12	1:04	45			1:49	(5+2)
46	Olve Vestrheim	Ørn, Idrettsforening / Team Meråker Skisky	25:01.7	3:44.4	21:02	2:54	22:56	1:54	1:06	58			2:04	(1+0)
47	Sander Eidseter Olsen	Fossum IF / Wang Toppidrett Oslo	25:29.1	4:11.8	19:55	1:47	23:11	3:15	1:13	1:04			2:17	(2+2)
45	Alexander Gunnar Hernes	Fossum IF / Wang Toppidrett Oslo	25:46.1	4:28.8	19:18	1:10	23:32	4:13	1:09	1:04			2:13	(3+4)
27	Imre Overgård Fremstad	Byåsen Skiskytterlag / Trondheim Biathlon	26:13.8	4:56.5	20:24	2:16	24:12	3:47	59	1:02			2:01	(2+3)
23	Adrian Ueland	Sandnes og Gjesdal SSL / Sirdal Ski Skisk	26:29.5	5:12.2	20:16	2:08	24:03	3:47	1:14	1:10			2:25	(2+3)
41	Kevin Brun Bjelland	Sandnes og Gjesdal SSL / Sirdal Ski Skisk	26:46.7	5:29.4	20:43	2:35	24:39	3:56	1:07	59			2:06	(0+4)
36	William Cumbes Pedersen	Tinn Skiskytterlag / NTG Geilo	26:50.0	5:32.7	21:31	3:24	24:56	3:24	1:02	50			1:53	(2+2)
7	Håkon Wiig Langsrud	Byåsen Skiskytterlag / Trondheim Biathlon	26:58.0	5:40.7	20:37	2:29	22:51	2:13	1:13	2:53			4:06	(1+1)
20	Tord Torsteinsrud	Ål Skiskytterlag / NTG Geilo	28:47.0	7:29.7	23:32	5:24	25:59	2:27	1:53	53			2:47	(1+1)



## M20-22

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
341	Tobias Alm	Østre Toten Skilag / Team Hugaas	31:01.6	0:00.0	27:04		29:02	1:57	1:04	54			1:59	(0+2)
386	Noah Lekhal Husnes	Try, Idrettslaget / Holmenkollen Biathlon	31:29.5	0:27.9	27:22	17	29:26	2:03	1:03	59			2:03	(1+1)
388	Sivert Silsand Gerhardsen	Tromsø Skiskytterlag	31:51.7	0:50.1	28:10	1:05	29:51	1:40	57	1:03			2:00	(1+0)
371	Fredrik Vogt Vold	Fossum IF / Team Fossum Elite	32:03.0	1:01.4	27:55	50	30:02	2:07	1:07	53			2:00	(0+2)
387	Iver Slupphaug	Orkdal IL / Team Midt-Norge	32:13.0	1:11.4	27:52	48	29:55	2:03	1:12	1:04			2:17	(0+2)
340	Sivert Bjørndalen	Simostranda IL / Team Geilo	32:27.1	1:25.5	28:34	1:29	29:44	1:09	1:07	1:35			2:43	(0+0)
370	Jakob Lundby	Østre Toten Skilag / Team Hugaas	32:30.3	1:28.7	28:06	1:02	30:10	2:03	1:23	56			2:19	(1+1)
356	Ole Tafjord Suhrke	Ivrig IL / Team Fosen Yard	32:36.8	1:35.2	27:07	2	30:27	3:20	1:15	53			2:08	(3+2)
342	Jonas Johansen Grøslund	Drammen Strong / Team Hugaas	32:47.2	1:45.6	27:50	46	30:25	2:34	1:12	1:09			2:21	(0+3)
337	Magnus Skeide Bakke	Eid IL / Team Woodcon	32:47.6	1:46.0	28:11	1:07	30:17	2:05	1:06	1:23			2:29	(2+0)
366	Samuel Stig Tyvold	Byåsen Skiskytterlag / Team Midt-Norge	32:50.9	1:49.3	29:36	2:32	30:52	1:15	1:03	55			1:58	(0+0)
343	Albert Riseth	Snåsa Skiskytterlag / Team Midt-Norge	32:52.8	1:51.2	28:46	1:42	30:30	1:43	1:12	1:10			2:22	(0+1)
339	Ole-Kristian Kvanli	Målselvs Skiskytterere	32:56.9	1:55.3	27:57	53	30:35	2:37	1:04	1:17			2:21	(2+1)
367	Johannes Willassen	Oslo Skiskytterlag / Team Fosen Yard	33:04.3	2:02.7	28:40	1:36	31:14	2:33	59	50			1:50	(1+2)
391	Sivert Kristian Rusten	Lier IL / Team Hugaas	33:04.9	2:03.3	28:51	1:46	30:29	1:38	1:29	1:05			2:35	(1+0)
372	Henrik Schioldborg Nesse	Try, Idrettslaget / Holmenkollen Biathlon	33:26.2	2:24.6	29:33	2:28	31:13	1:40	1:12	1:00			2:12	(0+1)
376	Thomas Lysberg Lehn	Try, Idrettslaget / Holmenkollen Biathlon	33:32.0	2:30.4	29:10	2:06	31:17	2:06	1:05	1:09			2:14	(1+1)
380	Ask Haughovd	Stårheim IL / Team Kongsberg	33:34.7	2:33.1	29:11	2:06	31:24	2:13	1:08	1:01			2:09	(1+1)
344	Fabian Von Saldern Runer	Bærums Skiklub / Team Woodcon	33:54.4	2:52.8	29:37	2:33	31:23	1:45	1:09	1:22			2:31	(0+1)
368	Mads Arnevik Jensen	Trondhjems Skiskyttere / Team Midt-Norge	33:55.7	2:54.1	28:57	1:53	31:28	2:31	1:19	1:07			2:26	(2+1)
361	Sondre Aputsiaq Rein Slettemark	Geilo IL / Team 1,5	33:59.2	2:57.6	28:19	1:15	31:45	3:25	59	1:14			2:14	(2+3)
374	Mathias Sørnes	Lier IL / Team Geilo	34:05.9	3:04.3	27:35	31	31:35	4:00	1:17	1:12			2:29	(2+4)
354	Simen Aaberg Skar	Bærums Skiklub / Team Fosen Yard	34:06.5	3:04.9	29:29	2:25	32:06	2:36	1:05	54			2:00	(1+2)
390	Felix Haugen	Fossum IF / Team Fossum Elite	34:11.3	3:09.7	29:21	2:17	31:38	2:16	1:16	1:16			2:32	(2+0)





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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
393	Erik Sporaland	Figgjo IL / Team Geilo	34:11.6	3:10.0	29:08	2:04	31:49	2:40	1:12	1:10			2:22	(1+2)
375	Truls Bonden Hørthe	Lier IL / Team 1,5	34:19.0	3:17.4	28:21	1:17	31:56	3:34	1:08	1:14			2:22	(3+2)
346	Sigurd Øygard	Skrautvål IL / Team Woodcon	34:27.0	3:25.4	29:15	2:10	31:57	2:42	1:07	1:22			2:29	(0+3)
359	Håvard Tosterud	Østre Toten Skilag	34:31.3	3:29.7	28:21	1:17	31:51	3:29	1:27	1:12			2:40	(2+3)
377	Kristian Mentzoni-Klausen	Fossum IF / Team Fossum Elite	34:33.3	3:31.7	28:18	1:14	32:11	3:53	1:12	1:09			2:21	(4+2)
364	Ask Grøtan Wang	Fossum IF / Team Fosen Yard	34:58.9	3:57.3	28:06	1:02	32:04	3:57	1:40	1:13			2:54	(4+2)
362	Thomas Aarseth	Hålandsdal IL / Team Gla'Laks Biathlon	35:16.5	4:14.9	31:00	3:56	32:49	1:49	1:18	1:07			2:26	(1+0)
353	Daniel Rubach Uglehus	Tromsø Skiskytterlag	35:20.4	4:18.8	29:40	2:35	32:56	3:16	1:15	1:08			2:23	(1+3)
392	Emil Hage Streitlien	Folldal IF / Team Kongsberg	35:26.4	4:24.8	28:40	1:35	32:16	3:35	1:45	1:24			3:10	(1+4)
352	Magnus Riseth Pedersen	Steinkjer SK / Team Innherred	35:31.6	4:30.0	30:28	3:24	33:16	2:47	1:10	1:05			2:15	(0+3)
358	Herman Peder Strindeberg	Drammen Strong / Team Geilo	35:43.7	4:42.1	29:30	2:26	33:08	3:37	1:25	1:09			2:35	(3+2)
378	Håkon Hannevold	Drammen Strong / Holmenkollen Biathlon	35:47.0	4:45.4	30:41	3:37	33:26	2:45	1:09	1:10			2:20	(1+2)
373	Olav Solan Knudsen Renolen	Fet SK / Team 1,5	35:47.5	4:45.9	29:37	2:32	33:15	3:38	1:22	1:09			2:31	(1+3)
349	Jens-Henrik Hegg	Vik IL / Team Kongsberg	35:47.7	4:46.1	30:10	3:05	33:29	3:19	1:09	1:09			2:18	(2+2)
365	Kristoffer Haugse Rød	Hålandsdal IL / Team Gla'Laks Biathlon	35:51.3	4:49.7	31:23	4:19	33:11	1:47	1:28	1:12			2:40	(0+1)
379	Stein Aas Stræte	Hønefoss Skiskytterklubb / Team Woodcon	36:18.2	5:16.6	30:59	3:55	33:56	2:56	1:08	1:13			2:21	(2+1)
357	Esten Hansen-Møllerud Hauen	Alvdal IL	36:20.0	5:18.4	29:34	2:29	33:11	3:37	1:34	1:34			3:08	(1+4)
381	Mads Bjerke	Fossum IF / Team Fossum Elite	36:22.7	5:21.1	30:35	3:30	34:04	3:29	1:08	1:09			2:18	(1+3)
384	Vinjar Aurstad Berland	Vingrom IL / Team Fosen Yard	36:24.4	5:22.8	29:49	2:45	34:04	4:14	1:13	1:06			2:19	(1+5)
397	Sebastian Joberg Horn	Ivrig IL / Holmenkollen Biathlon	36:39.1	5:37.5	30:06	3:02	34:26	4:20	1:13	58			2:12	(2+4)
334	Marius Møller Schiefloe	Steinkjer SK / Team Innherred	36:42.2	5:40.6	31:13	4:09	34:18	3:04	1:05	1:18			2:23	(1+2)
389	Sondre Roset	Hardbagg IL / Team Kongsberg	36:45.2	5:43.6	30:05	3:00	33:46	3:40	1:42	1:16			2:59	(1+4)
355	Olve Tungen	Orkdal IL / Team Midt-Norge	36:59.8	5:58.2	30:43	3:39	34:17	3:33	1:22	1:19			2:41	(3+1)
338	Elias Rønning Haraldsen	Steinkjer SK / Team Innherred	37:05.1	6:03.5	31:23	4:19	34:42	3:18	1:11	1:11			2:22	(1+3)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
345	Jonathan Vinda	Bærums Skiklub / Holmenkollen Biathlon	37:12.6	6:11.0	30:36	3:31	35:01	4:25	1:04	1:06			2:11	(3+3)
395	Andreas Øyen Tøraasen	Folldal IF / Team Hugaas	37:32.9	6:31.3	30:04	3:00	33:45	3:40	2:03	1:44			3:47	(4+1)
336	Eikil Elias Aasbø	Try, Idrettslaget / Holmenkollen Biathlon	37:40.2	6:38.6	29:50	2:46	35:34	5:43	1:02	1:02			2:05	(4+5)
369	Torkel Hægeland	Øvrebø IL / Sirdal Ski Skiskyting	37:52.9	6:51.3	32:33	5:29	35:28	2:55	1:22	1:02			2:24	(1+2)
335	Hallvard Killingberg	Oppdal IL / Team Midt-Norge	37:56.5	6:54.9	30:50	3:45	35:05	4:15	1:15	1:35			2:50	(3+3)
394	Noah Aronsen Kolåsæter	Skonseng UL / Team Polarsirkelen	38:01.3	6:59.7	32:02	4:57	35:25	3:22	1:19	1:16			2:36	(3+1)
360	Ola Huglen	Tromsø Skiskytterlag	38:17.4	7:15.8	33:10	6:05	35:29	2:19	1:35	1:11			2:47	(0+2)
350	Johan Tjørhom	Sirdal Skilag / Sirdal Ski Skiskyting	38:51.5	7:49.9	31:53	4:48	36:15	4:21	1:31	1:04			2:36	(2+4)
396	Mathias Hegre	Sirdal Skilag / Sirdal Ski Skiskyting	38:53.3	7:51.7	29:48	2:43	35:42	5:54	1:45	1:25			3:10	(5+4)
385	Sigve Havik Nysæter	Stiklestad IL / Team Innherred	38:58.4	7:56.8	33:22	6:17	36:17	2:55	1:22	1:17			2:40	(2+1)
347	Espen Skrattalsrud	Steinkjer SK / Team Innherred	39:54.9	8:53.3	31:41	4:37	36:43	5:02	1:27	1:43			3:10	(2+5)
348	Trym Eirik Wilhelmsen	Målselv Skiskyttere	40:01.1	8:59.5	33:06	6:02	36:47	3:40	1:30	1:42			3:13	(2+2)
363	Sondre Løkke Hagen	Tingvoll IL	45:49.2	14:47.6	37:14	10:10	42:50	5:36	1:34	1:23			2:58	(5+2)